

**A STUDY ON
"STRESS MANAGEMENT"**

**With Reference to
VASAVI TVS MOTORS
RAVIKAMATHAM**

**A Project Report Submitted to
Jawaharlal Nehru Technological University, Kakinada
In Partial fulfilment for the Award of the degree of
MASTER OF BUSINESS ADMINISTRATION**

**Submitted By
MINDI LOVARAJU
(Regd.No:19811E0023)
Under the guidance of
P.PAVANI SANTHOSHI KUMARI
Assistant professor**



**DEPARTMENT OF MANAGEMENT STUDIES
AVANTHI INSTITUTE OF ENGINEERING AND TECHNOLOGY
(Approved by AICTE, Recognized by the Govt. of A.P. &
Affiliated to JNT University, Kakinada.)
Narsipatnam, Visakhapatnam.
(2019-2021)**

DEPARTMENT OF MANAGEMENT STUDIES
AVANTHI INSTITUTE OF ENGINEERING AND TECHNOLOGY
NARSIPATNAM, VISAKHAPATNAM.



CERTIFICATE

This is to certify that the project "A STUDY ON STRESS MANAGEMENT" with reference to "VASAVI TVS MOTORS", RAVIKAMATHAM has been carried out by M.LOVARAJU Under my Guidance, and the project report has not been submitted to any other University or institution any time before.


Dr. B. LOVA
(Head of the Department)


P.PAVANI SANTHOSHI KUMARI
(Project Guide)

External Guide